

MEETING CHANGES AND SUSPENDED

**If your meetings is making any changes or suspending it's meetings ,
please contact the AIS Office: 405-767-9071 or email:**

okcal-anon@coxinet.net

Please continue to check the Website : okcalanon.org for updates

***New Hope AFG in Norman** at the McFarlin Methodist Church. McFarlin is closed until further notice.

Western Club is close until further notice

May Club is closed until further notice

***The Courage to Change meeting in Ponca City** has changed due to the national emergency.

We normally meet on Mon and Wed at 7 at the Harmony House in Ponca City, 212 S 3rd, upstairs.

Until we can safely meet there, we will meet in a local park, weather permitting. Otherwise we will make use of the WSO online meetings and phone in meetings, as well as other phone in meetings. We encourage members to call each other, and newcomers to call one of us. We are starting at Cann Gardens in Ponca City, 1500 E Grand, but that could change, and the decisions based on weather will be made on a weekly or daily basis.

Contact Carol B. at 580-716-9612, or Melissa A. at 580-401-3083

***Yukon- You are not alone** – Saturday – 5:30pm – suspended until further notice

Bethany Homeplace – Suspended until further notice

Edmond

Step into Recovery Al Anon

On Tuesday night at 6:30 will meet by [conference call](#) until further notice.

SEE PHONE CONFERENCE OPTIONS FOR INFORMATION

Monday Noon A-1 Study Group

Will Meet by Conference call until club house opens

SEE PHONE CONFERENCE OPTION FOR INFORMATION

Edmond

A-1 Study Group – Saturday at 11am

Will meet by conference call until the club house re-opens.

SEE PHONE CONFERENCE OPTION FOR INFORMATION

Edmond Club House is closed

Serenity on the Couch (Chapel Hill United Methodists Church, N. May and Hefner, Tuesdays at 6:30) is canceled this week and will re-evaluate weekly.

Roundtable Tues. & Thurs.

A New Beginning – Tues – 5:30pm & Free To Be – Thur. - 5:30pm Meetings are suspended until further notice

The Downtowners –Tuesday- St. Paul’s Episcopal Church is suspended until further notice.

Springlake Study Group – Thursday – 5:30 suspended until further notice

Hope Starts Here Alateen – Thursday- 7:00pm Chapel Hill United Methodist Church – suspended until further notice.

Newcastle Newlife – Monday – 7:30pm – Suspended until further notice

Journey to Serenity – Thursday – Chapel Hill United Methodist Church – suspended until further notice.

Rockwell Club House is closed until further Notice

23rd & Council – Mon. – 10:00am is suspended until April 12th

Clinton AFG - Wed. – 12:00pm is suspended until further notice.

Duncan – Mon. – 7:00pm – cancelled next 2 meetings

Wed. – 7:00pm – cancelled until after Easter

Springlake Study Group – Thur. 5:30pm – Cancelled this week -

Southside Serenity Club House is closed until further notice

Mustang AFG – Wed. – 7:00pm closed until further notice

Shartel Street AFG – Wed. – 5:30 is cancelled tonight, will advise concerning next week at a later time.

Durant – Turning Point – Mon. – 7pm closed until further notice

Courage & Hope Parents – Wed. -7:30pm - cancelled until further notice

Women’s Awareness AFG – Saturday – 12:00pm cancelled until further notice

Pathways to Recovery - Thur. - 10:00am closed until further notice

Libertad GFA - Mon & Thurs.- 6:00pm will be closed until further notice

Edmond – Sat. – 9:30am – closed until further notice

Will meet by phone conference

SEE PHONE CONFERENCE OPTIONS FOR INFORMATION

Stillwater – Full Measurers – Thurs. – 7:30pm closed until further notice

Shawnee Fellowship AFG – Tues. – 7:00pm closed until further notice

Stillwater – Sleepy Hollow – Fri. -8:00pm closed until further notice

Midwest City AFG – Sunday _ 5:30pm closed until further notice

Stillwater – Monday Night Family AFC – Mon. – 8:00pm closed until further notice.

Lawton – Way Out AFG – Tues. & Thur. – 7:00pm closed until further notice.

First Things First – Tues. & Thur. -7:00am closed until further notice

WE WILL BE DOING A ZOOM MEETING UNTIL CLUB HOUSE OPENS

ALL ARE WELCOME TO JOIN IN

SEE PHONE CONFERENCE OPTION FOR INFORMATION

Wed. 7:00pm - Nicole P is inviting anyone that would like to attend a zoom conference meeting to join in.

SEE PHONE CONFERENCE OPTIONS FOR INFORMATION

New Beginnings AFG – Norman – All Meeting are closed until further notice

They are doing call conference for all meetings

SEE PHONE CONFERENCE OPTIONS FOR INFORMATION

Lakeroad –Saturday – 9am – If the nursery is open they will meet inside, if it is not open they will meet outside in the Chapel.

Edmond

Thursday A-1 Study Group

On Thursday night at 6:00 will meet by conference call until further notice.

SEE PHONE CONFERENCE OPTIONS FOR INFORMATION

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WESTERN CLUB

MONDAY – START FRESH -5:30

WEDNESDAY – STEP 11 – 5:30

SUNDAY – START FRESH – 5:30

Will meet by zoom until further notice

SEE PHONE CONFERENCE OPTIONS FOR INFORMATION

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EL RENO AFG

FRIDAY & SATURDAY - 12:00 NOON

Thursday – 6:45

NO MEETINGS UNTIL FURTHER NOTICE

TUESDAY – 6:45- WILL MEET BY ZOOM

SEE PHONE CONFERENCE OPTIONS FOR INFORMATION

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TUESDAY 5:30 MEN’S AFG

Call Conference meetings until further notice

SEE PHONE CONFERENCE OPTIONS FOR INFORMATION

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ARDMORE GRAND & TRADITION TWO

Tuesdays – 8:00pm

Friday – 12:00 Noon

Tradition Two – Monday & Fridays – 5:30pm

Will meet on Zoom until May,2020

SEE PHONE CONFERENCE OPTIONS FOR INFORMATION

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LAKEROAD 9AM SATURDAY

Will meet on Zoom until further notice

SEE PHONE CONFERENCE OPTIONS FOR INFORMATION
